



HOME. FAMILY. CARE.

Individual
care for you



A close-up photograph of an elderly woman with her eyes closed, smiling gently as she holds a bright yellow daisy flower. Her hands are wrinkled and weathered, showing signs of age. She is wearing a blue and white patterned top. The background is softly blurred, suggesting an outdoor setting with natural light.

**WELCOME TO
LILLYFIELDS
HOURLY CARE.**

A LITTLE ABOUT US

Lillyfields is a independent family run Home Care Provider located in the South East of Hampshire, we provide Home Care to vulnerable adults from Hindhead down to Portsmouth and most towns and villages running along the A3, our head office is located in Petersfield, there is a smaller office in Havant and we have a Live-in Care branch as well, which provides 24/7 Care across the South of England.

We are committed to supporting adults in their own homes from those living with MS or Dementia to people who would just like to be made a cup of tea in the morning. Our in house trained team of dedicated Community Health Care Assistants can help most people and if we cant help you we will happily find somebody that can.

“ We look after our Clients how we would expect our own family to be looked after ”

WHY LILLYFIELDS?

- Family Run Agency
- Award Winning Company
- CQC Registered
- Staff Trained to Care Certificate Standard
- Client & Staff Feedback Surveys
- Constant Care Reviews
- Person Centered
- Dementia Experience
- Staff Training Supported by Registered Nurse
- Free Assessment
- DBS Checked Staff
- Friendly Team

Locations



HOURLY CARE

Home Care sometimes referred to as “Domiciliary Care” is a helping hand in your home, this service is usually provided in either hourly visits or half hourly visits, although we can provide any type of cover including Wake Nights.

Our team of fully trained Community Healthcare Assistants travel from Home to Home providing care to a wide variety of people around the Petersfield and Havant areas. Whether its help getting out of bed in the morning, supporting medication administration or temporary home from hospital support our professional team has the experience and passion to help.

“ We are dedicated to providing a service where Clients and their families feel supported and always have someone to talk to about their concerns. ”

IS IT RIGHT FOR ME?

If you are looking around at Care Agency's then it means you think something may need to change, it may be a care agency that is needed however it could be a Care Home or maybe what you need is a cleaner to help once a week. If this is your first time looking into Adult Social Care it can be quite a daunting maze of options, there are sections on our website that can help and by all means please feel free to phone one of our Care Offices for some free advice, we are always happy to help and send you in the right direction if we cannot do it ourselves.



DECIDING WHETHER TO STAY AT HOME...

Your home situation is unique, here is a list of factors to evaluate:

Location & Accessibility

Where is your home located? Are you in a rural or suburban area that requires a lot of driving? If you're in an area with public transit, is it safe and easily accessible? How much time does it take you to get to services such as shopping or medical appointments?

Home Accessibility & Maintenance

Is your home easily modified? Does it have a lot of steps or a steep hill to access? Do you have a large garden that needs to be maintained?

Support Available

Do you have family and friends nearby? How involved are they? Are they able to provide you the support you need? Many older adults prefer to rely on family to provide help, but as your needs increase, they might not be able to fill in all of the gaps. It's important to consider proximity to community services and activities as well.

Isolation

If it becomes difficult or impossible for you to leave home without help, isolation can rapidly set in. You may not be able to participate in hobbies you once loved, stay involved in community service that kept you motivated, or visit with friends and family. Losing these connections can lead to loneliness and depression.

Medical Conditions

No one can predict the future. However, if you or a loved one has a chronic medical condition that is expected to worsen over time, it's especially important to think about how you will handle health and mobility problems. What are common complications of your condition, and how will you handle them?

Finances

Making a budget with anticipated expenses can help you weigh up the pros and cons of your situation. Alternate arrangements like assisted living can be expensive, but extensive in-home help can rapidly become expensive as well, especially at higher levels of care and live-in or 24-hour coverage.

WHAT SERVICES ARE AVAILABLE THAT CAN HELP ME STAY AT HOME?



Household maintenance

If you're finding it hard to keep up, you can look into laundry, shopping, gardening, housekeeping, and handyman services.

If you're having trouble staying on top of bills and appointments, financial and healthcare management may also be helpful.



Transportation

This is a key issue for older adults. Investigating transportation options can help you keep your independence and maintain your social network.

You may want to look into local transportation such as buses, reduced fare taxis, and senior transportation options to appointments.



Home modifications

If your mobility is becoming limited, home modifications can go a long way towards making your home more comfortable.

This can include things such as grab bars in the shower, ramps to avoid or minimize the use of stairs, or even installing new bathrooms on the ground floor.



Personal care

Help with activities of daily living, such as dressing, bathing, feeding, or meal preparation, is called personal care or custodial care. You can hire help with personal care, ranging from a few hours a day to live-in care. People who provide this level of care include personal care aides, home care aides, and home health aides. Home health aides might also provide limited assistance with things such as taking blood pressure or offering medication reminders.



Health care

Some health care services can be provided at home by trained professionals, such as occupational therapists, social workers, or home health nurses. Check with your insurance or health service to see what kind of coverage is available, although you may have to cover some cost out of pocket. Hospice care can also be provided at home.



Day programs

Day programs, also called senior daycare, can help you keep busy with activities and socialization during the day, while providing a break for caregivers. Some day programs are primarily social, while others provide limited health services or specialize in disorders such as early stage Alzheimer's.

WHAT'S NEXT?

If you have already decided you need some form of Home Care then you may be wondering what to do next.

We pride ourselves on the fact that we are not commercially minded like other larger companies, we offer help and support to people even if the outcome is not always welcoming a new client. So always feel welcome to phone us for advice on anything Care related and we will see if we can help.

The process is pretty simple once you have decided Care is right for you or a loved one. We can begin the 5 step process as soon as you are ready, and will involve you and your family in every decision and will be here to answer any questions you have along the way.

“ 93% of people would rather be cared for at home than move into a care home or other institution. ”

5 Steps to Care

1. Phone or email us
2. No obligations
Advice from experienced Care Professionals
3. Free Assessment visit to plan out the needs of the Client
4. Choose a start date
5. Care folder is in house waiting for first Care visit

During this period and also the continuation of the Care package you will have a Care Support Manager who will actively be involved with the running and constant reviewing of the individuals Care needs.

If you want to talk to someone then call or email us at -

T 01730 233 500
E info@lillyfieldscare.com

Please see reverse for direct numbers.



**Please get in touch
for more information:**

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